


LA ROCHE UNIVERSITY
2020 DISTINGUISHED ALUMNI CIRCLE AWARD RECIPIENT



Cynthia Stauber '84, MSN

Unit Director
UPMC Passavant

Cynthia Stauber '84 has worked as a registered nurse for UPMC Passavant for 35 years. Throughout her career she has held a variety of positions, including Primary Nurse Care Coordinator and Unit Director of both Medical/Surgical/Stroke and Progressive Care Units.

As a unit director for UPMC Passavant, she is responsible for the direct operation of a 30-bed progressive care nursing unit, has oversight of dialysis services, and manages and provides leadership to over 60 hospital employees. Ms. Stauber also has served as a clinical instructor for new nursing students.

Ms. Stauber and her team have received various awards for their dedication to patients, including honors from the Southwestern Pennsylvania Organization of Nurse Leaders in 2013 and 2015, the Pennsylvania Organization of Nurse Leaders in 2015, and the Dr. Loren Roth Quality and Patient Safety Symposium in 2015. She presented her work on pain management at podium at both the Anesthesia and Pain Conference and Press Ganey National Client Conference in 2015. Her work in observation care was presented at the ANCC Annual Magnet Convention in 2018. She also was awarded the Legacy of Caring Award from the Passavant Hospital Foundation in 2016.

“Observing the commitment to quality care that we deliver every day is the most rewarding accomplishment to me. I know we are providing our best efforts as a team to help patients that entrust us with their care and their lives,” Ms. Stauber said.

An advocate for stroke care and education, she participates in UPMC Passavant’s Stroke Survivor’s annual dinner. She also assists with the Cancer Survivor Dinner events. She said her inspiration to volunteer comes from her patients with adverse health issues who not only survived but have thrived.

Ms. Stauber said she chose to attend La Roche so that she could obtain both her biology and sociology degrees.

“Through my studies at La Roche, I incorporated concentrations of health and human sciences. This combination provided me with a unique and well-rounded perspective of both the medical science related to caring for people, as well as a true understanding of the social and psychological aspects of the human spirit, which has made me a better, more knowledgeable nursing professional,” she said.

Ms. Stauber is the mother of three sons: Eric, Ryan and Brad.

